MEDICAL SERVICES IN MOSCOW

Western medical care in Moscow can be expensive, difficult to obtain, and not always comprehensive. Some facilities offer quality services, but many restrict services to normal business hours and/or to members or people willing to pay for services in advance. Acceptance of insurance in lieu of prepayment is rare. Most patients pay in cash and receive reimbursement from their insurance companies upon their return to the United States. State medical care is officially free of charge, but the quality of service ranges from unacceptable to merely uncomfortable. However, Russian doctors often demand payment for disposable needles, medications, and some services. There are no foreign-run in-patient clinics in Moscow but rather space rented by them in regular Russian hospitals with improved conditions. Medical evacuation to another country is an expensive option; the Embassy strongly urges all travelers who visit Russia to purchase traveler's medical insurance that includes coverage in the event that an evacuation is necessary.

In the event of an emergency, the U.S. Embassy will try to assist in arranging medical care for U.S. citizens. For assistance during working hours, please call 8 (495) 728-5577. After 6:00 p.m., please call the Embassy duty officer at 8 (495) 728-5000.

* * *The U.S. Embassy, Moscow assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list. This information sheet was revised in March 2018 and is subject to change without notice. If you notice any inaccuracies, please inform the American Citizen Services Unit so that we can update this information.

ENGLISH-SPEAKING DOCTORS, USER-PAY SERVICES

INTERMED CENTER/AMERICAN CLINIC / Ambulance
Address: 1/6 4th Monetchikovskiy Per., Bldg. 3
Tel: 8 (495) 937-5757
www.intac.ru

EUROPEAN MEDICAL CENTER / Ambulance
35 ul. Schepkina,
7 Orlovsky pereulok
26 Trifonovskaya ul (Children’s Hospital)
5 Spiridonievsy pereulok, Bldg. 1
15 ul. Pravdy, Bldg. 1 (Maternity Hospital)

Tel: 8 (495) 933-6655
RUSSIAN-SPEAKING DOCTORS, FREE SERVICES

MOSCOW CITY / Ambulance 03 or 112 (calling from cell)

MOSCOW CITY PSYCHIATRIC / Ambulance 8 (495) 620-42302

HOSPITALS and CLINICS
Foreign, and/or with foreign or foreign-trained staff, and/or foreign equipment

EUROPEAN MEDICAL CENTER
American and European general practitioners, gynecology, ophthalmology, pediatrics, ENT, cardiology, psychiatry, dermatology, physical therapy. Vaccination programs. Emergency assistance 24 hours a day. In-patient and out-patient services, surgery, comprehensive laboratory, diagnostics.
35 ul. Schepkina,
7 Orlovsky pereulok
26 Trifonovskaya ul (Children’s Hospital)
5 Spiridonievsky pereulok, Bldg. 1
15 ul. Pravdy, Bldg. 1 (Maternity Hospital)

Tel. 8 (495) 933-6655
Web: http://www.emcmos.ru/en/

INTERMEDCENTER/AMERICAN CLINIC
Areas of expertise include pain management, pediatrics, gastroenterology, family medicine, obstetrics/gynecology, cardiology, neurology, dentistry.
1/6 4th Monetchikovskiy Per., Bldg. 3
Tel: 8 (495) 937-5757

GMS CLINICS AND HOSPITALS
1-y Nikoloschepovsky per., 6/1
Tel. 8 (495) 781-5577
www.gmsclinic.ru

MEDSI
Address: multiple locations throughout Moscow City and Russia-wide
Tel. 8 (495) 780-0500, 8 (495) 357-4164
www.medsi.ru

OAO MEDICINA (Metro Mayakovskaya)
Russian doctors provide emergency services, clinic consultations, vaccinations
Mon-Fri: 8.00-21.00; Sat: 9.00-15.00
10 2nd Tverskoy-Yamskoy Per.
Tel: (495) 995-0033,
Ambulance (495) 229-0003
INVITRO LABORATORY
1 Nagatinskaya St. Building 14
Tel.: 8 (495) 363-0363
Web: http://www.invitro.ru/

MAJOR MOSCOW HOSPITALS

BOTKIN HOSPITAL (Metro Dinamo)
*For emergencies and after hours. This is the main Moscow hospital where foreigners are treated. Well-equipped by Russian standards*
5 2nd Botkinskiy Pr.
Tel: (495) 945-0045/3519, (499) 762-6191 (reception), 8 (499) 762-6285/6286
Web: http://www.botkinmoscow.ru/

FILATOFSKY CHILDREN'S HOSPITAL NO. 13 (Metro Mayakovskaya)
15 Sadovaya-Kudrinskaya St.
Tel: (499) 254-9129
Web: http://13dgkb.ru/

DENTISTS

GERMAN DENTAL CARE OF DR. GROSSMANN
(Metro Mayakovskaya or Belorussskaya)
Yuliusa Fuchika street 11/13,
Tel: (499) 254-3710
Email: visit@gdcare.ru
Web: http://www.gdcare.ru/

U.S. DENTAL CARE
(Metro Prospekt Mira or Metro Dostoevskaya)
Olympiysky Prospect 16 Bld. 5 Business Center “Olympic Hall”
Tel: (495) 933-8686
Email: info@usdentalcare.com
Web: www.usdentalcare.com

ICEBERG DENTAL TRAUMA CENTER
(Metro Schukinskaya or Sokol)
Schukinskaya street 2, entrance 8
Tel: (499) 951-0303
Email: admin@icebergclinic.com
Web: www.iceberg.dental
**EUROPEAN DENTAL CENTER** (Metro Prospect Mira)
Schepkina Street, 35
Tel: (495) 933-6655
Email: emcinfo@emcmos.ru
Web: www.emcmos.ru

**BERLIN DENTAL CLINIC** (Metro Yugo-Zapadnaya)
Pr-t Vernadskogo 103/3 Housing compound of German Embassy
Tel: (495) 434-2735; cell: (915) 366-8860
Email: medtek.ok@mail.ru
Web: www.berlindental.ru

**PSYCHOLOGISTS, PSYCHIATRISTS AND COUNSELORS**
*English speaking specialists*

**EUROPEAN MEDICAL CENTER**
*Psychiatrist, psychotherapist.*
Tel: (495) 933-6655

**PHARMACIES**
*Medicine Availability site www.medlux.ru*

**SAMSON-PHARMA**
Numerous locations in town
Tel: 8 (495) 587-7777
https://samson-pharma.ru

**APTEKA.RU**
Web www.apteka.ru
E-mail: help@theflyingpharmacy.com, pharmacist@theflyingpharmacy.com, sales@theflyingpharmacy.com

**36.6**
Numerous locations around Moscow
Tel: 8 (495) 797-6366, (495) 797-8686
Web: http://www.366.ru

**RIGLA PHARMACY**
Numerous locations in town
Tel: (495) 231-1697
Web: www.rigla.ru

**OPTOMETRISTS/OPHTHALMOLOGISTS**
EUROPEAN MEDICAL CENTER
Eye care ranging from eye exams to surgical treatment, including laser eye surgery (LASIK).
(Metro Pushkinskaya, Tverskaya or Mayakovskaya)
5 Spiridonievski Per., bldg. 1
Tel: 495-933-6655
www.emcmos.ru/en/emc/

INTEROPTIKA
On site prescriptions and lens production.
(Metro Profsoyuznaya)
Nakhimovsky Prospect 63
Hours 1000-2000, Sunday 1000-1900
8-495-128-5717
8-495-120-5200
http://www.interoptika.ru/

LENSMASTER
Various locations around Moscow
www.lensmaster.ru

OCHKARIK
Various locations around Moscow
(800) 700-2126
(495) 231-1001
www.ochkarik.ru

PRIVATE NURSES

OVIROTION + MED
English speaking nurses available
Tel: 8 (495) 760-0331, 8 (916) 446-9990, 8 (985) 969-85-05 6

PRESIDENT-SERVICE
English speaking nurses available
Tel: 8 (495) 684-5205, 8 (495) 684-1237, 8 (495) 978-3101 (24 hours)
Web: http://www.president-medical.ru/index.html

VALENTINA
English speaking nurses not available
3 Gvardeyskaya St., Bldg. 2
Tel: 8 (903) 720-3072, 8 (903) 960-8041, 8 (495) 223-2375
FANVAL
*English speaking nurses not available*
Tel: 8 (495) 972-8042
Web: http://fanwal.ru/

**SPEECH THERAPY**

ELLINGSEN AND ASSOCIATES, INC.
Mary Ellingsen, CCC-SLP
*Speech therapy services via computer to students in their schools*
Tel: USA 302-650-6437, 520-620-3415, 800-370-4910
Web: http://www.onlinespeechtherapy.com/

**MEDICAL EVACUATION FROM MOSCOW**

**EUROPE ASSISTANCE CIS**
11/10 Letnikovskaya St., Bldg. 3
Tel: 8 (495) 787-2179
Web: www.europ-assistance.ru

**INTERNATIONAL SOS 24 Hour Alarm Center (Assist 24)**
Medical Evacuation & Ambulance Service.
16 Dokukina St., Bldg. 1, 4th Fl
Tel: 9(495) 937-6450; 1 (215) 942 8226
https://www.internationalsos.com/locations/cis/russia

**AMR AIR AMBULANCE**
8001 South Interport Blvd., Ste. 250
Englewood, CO 80112
24 Hour Dispatch Center
Tel: (800) 424-7060 U.S. toll free; international: 01 (720) 875-9182
Web: www.amr-airambulance.com

**AMERICAN CARE AIR AMBULANCE**
24 Hour Air-Evacuation Emergency Service
8775 Aero Dr., Suite #120
San Diego, CA 92123
Tel: 1 (954) 730-9300, 1 800-752-4195 Toll free (US and Canada); Fax: (858) 627-0534
Web: www.americancareairambulance.com

**US AIR AMBULANCE**
Global Air Response
Tel: 001-941-556-6717, Toll-free: 800-948-1214 (U.S.), 800-633-5384
Web: http://usairambulance.net/index.php
LIST OF MEDICAL FACILITIES THROUGHOUT RUSSIA
Available on www.yandex.ru and similar sites