

MEDICAL SERVICES IN MOSCOW

Western medical care in Moscow can be expensive, difficult to obtain, and not always comprehensive. Some facilities offer quality services, but many restrict services to normal business hours and/or to members or people willing to pay for services in advance. Acceptance of insurance in lieu of prepayment is rare. Most patients pay in cash and receive reimbursement from their insurance companies upon their return to the United States. State medical care is officially free of charge, but the quality of service ranges from unacceptable to merely uncomfortable. However, Russian doctors often demand payment for disposable needles, medications, and some services. There are no foreign-run in-patient clinics in Moscow but rather space rented by them in regular Russian hospitals with improved conditions. Medical evacuation to another country is an expensive option; the Embassy strongly urges all travelers who visit Russia to purchase traveler's medical insurance that includes coverage in the event that an evacuation is necessary.

In the event of an emergency, the U.S. Embassy will try to assist in arranging medical care for U.S. citizens. For assistance during working hours, please call 8 (495) 728-5577. After 6:00 p.m., please call the Embassy duty officer at 8 (495) 728-5000.

*****The U.S. Embassy, Moscow assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list. This information sheet was revised in March 2018 and is subject to change without notice. If you notice any inaccuracies, please inform the American Citizen Services Unit so that we can update this information.***

ENGLISH-SPEAKING DOCTORS, USER-PAY SERVICES

INTERMED CENTER/AMERICAN CLINIC / Ambulance

Address: 1/6 4th Monetchikovskiy Per., Bldg. 3

Tel: 8 (495) 937-5757

www.intac.ru

EUROPEAN MEDICAL CENTER / Ambulance

35 ul. Schepkina,

7 Orlovsky pereulok

26 Trifonovskaya ul (Children's Hospital)

5 Spiridonievsky pereulok, Bldg. 1

15 ul. Pravdy, Bldg. 1 (Maternity Hospital)

Tel: 8 (495) 933-6655

<http://www.emcmos.ru/en/>

RUSSIAN- SPEAKING DOCTORS, FREE SERVICES

MOSCOW CITY / Ambulance 03 or 112 (calling from cell)

MOSCOW CITY PSYCHIATRIC / Ambulance 8 (495) 620-42302

HOSPITALS and CLINICS

Foreign, and/or with foreign or foreign-trained staff, and/or foreign equipment

EUROPEAN MEDICAL CENTER

American and European general practitioners, gynecology, ophthalmology, pediatrics, ENT, cardiology, psychiatry, dermatology, physical therapy. Vaccination programs. Emergency assistance 24 hours a day. In-patient and out-patient services, surgery, comprehensive laboratory, diagnostics.

35 ul. Schepkina,

7 Orlovsky pereulok

26 Trifonovskaya ul (Children's Hospital)

5 Spiridonievsky pereulok, Bldg. 1

15 ul. Pravdy, Bldg. 1 (Maternity Hospital)

Tel. 8 (495) 933-6655

Web: <http://www.emcmos.ru/en/>

INTERMEDCENTER/AMERICAN CLINIC

Areas of expertise include pain management, pediatrics, gastroenterology, family medicine, obstetrics/gynecology, cardiology, neurology, dentistry.

1/6 4th Monetchikovskiy Per., Bldg. 3

Tel: 8 (495) 937-5757

Web: <http://www.intac.ru/en/>

GMS CLINICS AND HOSPITALS

1-y Nikoloschepovskiy per., 6/1

Tel. 8 (495) 781-5577

www.gmsclinic.ru

MEDSI

Address: multiple locations throughout Moscow City and Russia-wide

Tel. 8 (495) 780-0500, 8 (495) 357-4164

www.meds.ru

OAO MEDICINA (Metro Mayakovskaya)

Russian doctors provide emergency services, clinic consultations, vaccinations

Mon-Fri: 8.00-21.00; Sat: 9.00-15.00

10 2nd Tverskoy-Yamskoy Per.

Tel: (495) 995-0033,

Ambulance (495) 229-0003

Web: <http://en.medicina.ru/>

INVITRO LABORATORY

1 Nagatinskaya St. Building 14

Tel.: 8 (495) 363-0363

Web: <http://www.invitro.ru/> 3

MAJOR MOSCOW HOSPITALS

BOTKIN HOSPITAL (Metro Dinamo)

For emergencies and after hours. This is the main Moscow hospital where foreigners are treated. Well-equipped by Russian standards

5 2nd Botkinskiy Pr.

Tel: (495) 945-0045/3519, (499) 762-6191 (reception), 8 (499) 762-6285/6286

Web: <http://www.botkinmoscow.ru/>

FILATOVSKY CHILDREN'S HOSPITAL NO. 13 (Metro Mayakovskaya)

15 Sadovaya-Kudrinskaya St.

Tel: (499) 254-9129

Web: <http://13dgkb.ru/>

DENTISTS

GERMAN DENTAL CARE OF DR. GROSSMANN

(Metro Mayakovskaya or Belorusskaya)

Yuliusa Fuchika street 11/13,

Tel: (499) 254-3710

Email: visit@gdcare.ru

Web: <http://www.gdcare.ru/>

U.S. DENTAL CARE

(Metro Prospekt Mira or Metro Dostoevskaya)

Olympiysky Prospekt 16 Bld. 5 Business Center "Olympic Hall"

Tel: (495) 933-8686

Email: info@usdentalcare.com

Web: www.usdentalcare.com

ICEBERG DENTAL TRAUMA CENTER

(Metro Schukinskaya or Sokol)

Schukinskaya street 2, entrance 8

Tel: (499) 951-0303

Email: admin@icebergclinic.com

Web: www.iceberg.dental

EUROPEAN DENTAL CENTER (Metro Prospect Mira)

Schepkina Street, 35

Tel: (495) 933-6655

Email: emcinfo@emcmos.ru

Web: www.emcmos.ru

BERLIN DENTAL CLINIC (Metro Yugo-Zapadnaya)

Pr-t Vernadskogo 103/3 Housing compound of German Embassy

Tel: (495) 434-2735; cell: (915) 366-8860

Email: medtek.ok@mail.ru

Web: www.berlindental.ru

PSYCHOLOGISTS, PSYCHIATRISTS AND COUNSELORS

English speaking specialists

EUROPEAN MEDICAL CENTER

Psychiatrist, psychotherapist.

Tel: (495) 933-6655

Web: <http://www.emcmos.ru/en/clinics/psychiatry-and-psychotherapy-clinic>

PHARMACIES

Medicine Availability site www.medlux.ru

SAMSON-PHARMA

Numerous locations in town

Tel: 8 (495) 587-7777

<https://samson-pharma.ru>

APTEKA.RU

Web www.apteka.ru

E-mail: help@theflyingpharmacy.com , pharmacist@theflyingpharmacy.com ,

sales@theflyingpharmacy.com

36.6

Numerous locations around Moscow

Tel: 8 (495) 797-6366, (495) 797-8686

Web: <http://www.366.ru>

RIGLA PHARMACY

Numerous locations in town

Tel: (495) 231-1697

Web: www.rigla.ru

OPTOMETRISTS/OPHTHALMOLOGISTS

EUROPEAN MEDICAL CENTER

Eye care ranging from eye exams to surgical treatment, including laser eye surgery (LASIK).

(Metro Pushkinskaya, Tverskaya or Mayakovskaya)

5 Spiridonievskiy Per., bldg. 1

Tel: 495-933-6655

www.emcmos.ru/en/emc/

INTEROPTIKA

On site prescriptions and lens production.

(Metro Profsoyuznaya)

Nakhimovsky Prospect 63

Hours 1000-2000, Sunday 1000-1900

8-495-128-5717

8-495-120-5200

<http://www.interoptika.ru/>

LENSMASTER

Various locations around Moscow

www.lensmaster.ru

OCHKARIK

Various locations around Moscow

(800) 700-2126

(495) 231-1001

www.ochkarik.ru

PRIVATE NURSES

OVIRTON + MED

English speaking nurses available

Tel: 8 (495) 760-0331, 8 (916) 446-9990, 8 (985) 969-85-05 6

Web: http://www.ovirton-med.ru/index.php?show_aux_page=484

PRESIDENT-SERVICE

English speaking nurses available

Tel: 8 (495) 684-5205, 8 (495) 684-1237, 8 (495) 978-3101 (24 hours)

Web: <http://www.president-medical.ru/index.html>

VALENTINA

English speaking nurses not available

3 Gvardeyskaya St., Bldg. 2

Tel: 8 (903) 720-3072, 8 (903) 960-8041, 8 (495) 223-2375

Web: www.medical-service.ru

FANVAL

English speaking nurses not available

Tel: 8 (495) 972-8042

Web: <http://fanwal.ru/>

SPEECH THERAPY

ELLINGSEN AND ASSOCIATES, INC.

Mary Ellingsen, CCC-SLP

Speech therapy services via computer to students in their schools

Tel: USA 302-650-6437, 520-620-3415, 800-370-4910

Web: <http://www.onlinespeechtherapy.com/>

MEDICAL EVACUATION FROM MOSCOW

EUROPE ASSISTANCE CIS

11/10 Letnikovskaya St., Bldg. 3

Tel: 8 (495) 787-2179

Web: www.europ-assistance.ru

INTERNATIONAL SOS 24 Hour Alarm Center (Assist 24)

Medical Evacuation & Ambulance Service.

16 Dokukina St., Bldg. 1, 4th Fl

Tel: 9(495) 937-6450; 1 (215) 942 8226

<https://www.internationalsos.com/locations/cis/russia>

AMR AIR AMBULANCE

8001 South Interport Blvd., Ste. 250

Englewood, CO 80112

24 Hour Dispatch Center

Tel: (800) 424-7060 U.S. toll free; international: 01 (720) 875-9182

Web: www.amr-airambulance.com

AMERICAN CARE AIR AMBULANCE

24 Hour Air-Evacuation Emergency Service

8775 Aero Dr., Suite #120

San Diego, CA 92123

Tel: 1 (954) 730-9300, 1 800-752-4195 Toll free (US and Canada); Fax: (858) 627-0534

Web: www.americancareairambulance.com

US AIR AMBULANCE

Global Air Response

Tel: 001-941-556-6717, Toll-free: 800-948-1214 (U.S.), 800-633-5384

Web: <http://usairambulance.net/index.php>

LIST OF MEDICAL FACILITIES THROUGHOUT RUSSIA

Available on www.yandex.ru and similar sites